

10-DAY MENTAL HEALTHCARE SERVICE COURSE



The Body, Mind and Life Department of Men-Tsee-Khang organized the 6th “10-Day Course on Mental Healthcare Service” from 12 – 21 June 2018. The theme of the course: “Prevention and Treatment of Mental Disorders” was discussed from the tri-fold perspectives of Buddhist Psychology, Tibetan Medicine and Tibetan Astro-Science. Each day consisted of a lecture, question & answer and practice sessions.

The resource persons for the course were Geshe Lharampa Lobsang Dakpa, Buddhist Philosophy lecturer at Namgyal Monastery; Geshe Tenpa Tashi Head of BML Dept; Dr. Passang Wangdu, Lecturer, TMAI College; Tibetan Astro-Science Practitioner Tenzin Nandak and Dr. Tenzin Choying from BML Dept. The lectures from the perspectives of Buddhist Psychology and Tibetan Astro-Science were simultaneously translated by Mr. Kunkyab Pasang, BML Dept.



The course was attended by a total of 11 participants from 5 different countries: Netherlands, Germany, Mexico, US and India. Two Tibetans also attended the course this year. An educational tour was arranged for the participants to visit Men-Tsee-Khang Museum, Tsuglakhang, Norbulingka Institute and Gyuto Tantric Monastery. On the final day, an interactive panel discussion was held where all the speakers came together to deliberate and find commonality in their different approach towards mental healthcare service.



The closing ceremony proceeded in the presence of the Director of Men-Tsee-Khang, Mr. Tashi Tsering Phuri. He presented traditional white scarf and honorarium to the resource persons and the translator. The participants were felicitated with the traditional white scarf and certificate of participation. In his closing remark, the director highlighted the continuous progress of BML department since its inception in the year 2013 and its future projects that are expected to grow along with the development of Men-Tsee-Khang.